

Grass/grains	Bamboo shoots	Kamut	Corn cornmeal	
	Barley	Oats/oatmeal	Corn sugar sweetener	
	Barley malt		Corn syrup, high fructose	
	Barley maltose	Rice	Corn syrup, dextrose	
	Rye	Rice flour	Corn syrup, vitamin C	
	Wheat		Corn syrup, popcorn	
	Wheat brans	Wild rice	Cashew	
	Wheat bulgur		Mango	
	Wheat farina	Millet		
	Wheat flour	Sugar cane	Pistachio	
	Wheat flour gluten	Sugar cane molasses		
	Wheat flour graham	Sugar cane raw sugar	Beechnut	
	Wheat flour patent	Sorghum	Chestnut	
	Wheat flour semolina	Sorghum grain	Macadamia nut	
	Wheat flour whole wheat	Sorghum syrup		
	Wheat germ oil	Corn		
	Triticale	Corn hominy grits		
	Spelt	Corn oil		
	Legumes	Alfalfa		Purslane pigweed
		Bean	Pea	Amaranth
Bean bush		Pea black-eyed		
Bean garbanzo		Pea chick	Hickory	
Bean jack		Pea split	Pecan	
Bean kidney			Walnut	
Bean navy		Peanut	Black	
Bean pinto		Pigeon pea	English	
Bean string		Soybean	White (butternut)	
		Soybean flour		
Bean broad		Soybean grits	Filbert	
Bean tonk		Soybean lecithin	Hazelnut	
Bean Windsor		Soybean milk	Oil or Birch	
		Soybean oil		
Carbor		Soybean tofu	Buckwheat	
Clover		Tamarind	Garden sorrel	
Coumarin			Rhubarb	
Cowpea		Yam		
Fenugreek		Yam American	Pineapple	
Flaxseed		Yam Chinese		
Gum acacia		Yam Indian	Beats Beet sugar	
Gum tragacanth		Yam tropical	Swiss chard	
Lentil		Name	Lamb's quarters	
Licorice		Sweet potato	Quinoa	
Lima bean			Spinach	
Mung sprout			Tampala	
Pea Sweet/green		Purslane		

Potato	Eggplant Ground cherry Pepper Pepper garden- green/bell	Pepper garden sweet/red Pepper cayenne Pepper chili Pepper paprika	Pepper pimento Potato white Irish Tomato tobacco
Rose Family Berry	Blackberry Boysenberry Dewberry Loganberry	Youngberry Raspberry Rose hips Strawberry	Wineberry
Apple	Apple butter Apple cider Apple pectin	Apple vinegar Cranapple Loquat	Pear Quince
Plum	Almond Apricot Cherry Peach Peach nectarine Plum	Prune Brazil nut Currant Gooseberry	Arrowroot Comfey
Citrus	Angostura Citron Grapefruit Kumquat Lemon Lime Mandarin orange Mandarin tangerine Orange	Barbados cherry (acerola) Cassava Tapioca, Brazilian arrowroot Yucca Litchi nut (lychee)	Chinese water chestnut Sugar maple Maple sugar Maple syrup Cocoa Chocolate Cola nut
Gourds	Chinese preserving Melon Cucumber Melon Cantaloupe Melon casaba Melon Crenshaw Melon honeydew Melon musk Melon Persian Melon Spanish	Indian gherkin Pumpkin Pumpkin seeds Pumpkin meal Summer squash Summer crookneck squash Summer pattypan squash Summer vegetable spaghetti squash	Summer zucchini squash Large pumpkin Winter squash Winter acorn squash Winter butternut squash Winter Hubbard squash Winter turban squash Watermelon

Heath	Bearberry Blueberry Cranberry Wintergreen Grape Grape cream of tartar Grape raisin Grape muscadine	Grape slip-skin Grape vinegar (wine) Grape wine (brandy, champagne) Kiwi berry Chinese gooseberry Banana Plantain Arrowroot (musa)	Papaya Cottonseed Cottonseed meal Cottonseed oil Okra
Mustard	Broccoli Brussel sprouts Cabbage Cauliflower Celery cabbage Collards	Kale Kohlrabi Chinese cabbage Horseradish Mustard greens	Mustard seed Radish Rutabaga Turnip Watercress
Lily	Aloe Asparagus Asparagus chives Asparagus garlic Leek Onion Ramp	Shallot Yucca Agar Cheese mold Yeast	Yeast brewers Yeast bakers Mushrooms Truffle
Carrot	Angelica Anise Caraway Carrot Celeriac Chervil	Coriander Cumin Dill Fennel Parsley Parsnip	Avocado Bay leaf Cinnamon Sassafras (file)
Lettuce	Absinthe Artichoke Artichoke common Artichoke Jerusalem Burdock Cardoon Chamomile Chicory Coltsfoot Costmary	Dandelion Endive Escarole Golden rod Lettuce Lettuce romaine Safflower Sunflower Salsify (oyster plant)	Santolina Scolymus (Spanish oyster) scozzonera (black) Salsify Southernwood Tansy Tarragon Vermouth Wormwood

Fish	Atlantic croaker Freshwater drumfish King whiting Silver perch Weakfish Porgy (scup) Albacore Atlantic bonito Bluefish tuna Chile bonito Mackerel Mackerel Atlantic Mackerel frigate	Mackerel king Mackerel Spanish Shipjack tuna Marlin Sailfish Swordfish Butterfish Harvestfish Dab Flounder	Halibut Sole Turbot Ocean perch Rosefish Sea robin Sea tag Puffer
Reptile	American edible bullfrog European edible bullfrog Snapping turtle	Diamondback terrapin Green turtle Eastern diamondback rattler Western diamondback ratter	American alligator

Exotic	Mallard duck egg	Squirrel fox	Pig ham
	Graylag goose egg	Squirrel gray	Pig lard
		Squirrel red	
	Partridge (ruffed grouse)	Woodchuck	Hippopotamus
	Parairie chicken	Beaver	Camel
	Peacock egg		Llama
	Domestic chicken	Whale	
	Domestic chicken		American elk
	Cornish hen	Porpoise	European red deer
	Domestic chicken egg		
	Domestic chicken liver	Dolphin	Caribou
			Moose
	Domestic pheasant	Wolf	Reindeer
	Indian pheasant		White-tailed deer
	Peafowl	Bear black	
	Quail	Bear brown	Giraffe
		Bear grizzly	
	Domestic duck egg	Bear polar	Antelope
	Domestic goose egg		
		Racoon	African buffalo
	Guinea fowl		American bison
		Lion	Brahman
	Turkey egg	Tiger	Domestic cattle (beef)
			Domestic cattle butter
	Dove	Walrus	Domestic cattle cheese
	Pigeon (squab)		Domestic cattle cow's mil
		Sea lion	Domestic cattle gelatin
	Opossum		Domestic cattle liver
		Common seal	Domestic cattle other organs
	Belgian hare		Domestic cattle veal
	Domestic rabbit	Elephant	Goat
	Eastern cottontail		Goat cheese
	Jackrabbit	Horse	Goat milk
Snowshoe rabbit		Sheep	
Western cottontail	Pig (pork)	Sheep lamb	
	Pig bacon	Sheep mutton	
Domestic guinea pig	Pig gelatin		
Prairie dog			